



365 Thoughts for Daily Meditation

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- A new addition to the 365 *Inspirations* series
- Makes a great gift
- The quotes and images elicit calmness and warmth and encourage eco-mindfulness

Begin each day with a meditative thought with this addition to the *365 Inspirations* series. Throughout the year, this exceptional volume will accompany you on your daily practice for mindfulness. In addition to the beautiful images, there are 365 inspirational quotes, one for each day of the year, that provide opportunities to relax, reset, and revive.