



A Dad's Guide to the First Year

The New Father

Armin A. Brott

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- The best-selling and most trusted book for new fathers, with more than 500,000 copies in print
- The companion volume to *The Expectant Father*, the best-selling pregnancy book for men
- **The New Father** offers an accessible month-by-month guide to your baby's first year, from a (supportive and enlightened) male perspective
- This new edition is revised from cover to cover with the latest information on healthcare, financial planning, parental leave, and much more
- It also features a user-friendly new design
- Illustrated with stress-relieving New Yorker-style cartoons
- Author Armin Brott is America's Mr. Dad—he hosts a syndicated radio show, writes a syndicated newspaper column, and makes numerous media appearances

The best-selling guide to the first year of fatherhood, trusted by hundreds of thousands of new dads and their partners.

This indispensable handbook, from the author of the million-selling *Expectant Father*, provides a reassuring month-by-month overview of your baby's first year. It covers the milestones in your child's development; ways you can bond with your child and support your partner; and what's going on with you, as a new dad.

The fourth edition of **The New Father** features a user-friendly new design and is updated from cover to cover with the latest information about healthcare, financial planning, parental leave and work-life balance, and much more. It incorporates the expertise of leading pediatricians and researchers, and the real-life experiences of hundreds of dads and mums.

Illustrated with stress-relieving cartoons, **The New Father** is a friendly, readable, and inclusive companion for all new dads. (Mums will love it, too!).

Armin A. Brott is a nationally recognised parenting expert and the author of ten critically acclaimed books for fathers, including *The New Father: A Dad's Guide to the First Year* and *The New Father: A Dad's Guide to the Toddler Years, 12-36 Months*. He also writes a syndicated newspaper column, *Ask Mr. Dad*, and hosts a weekly radio show, *Positive Parenting*. To learn more, visit his website, mrdad.com.