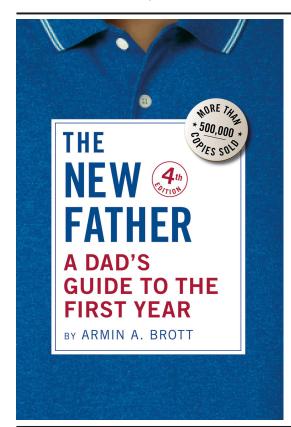


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## A Dad's Guide to the First Year

## The New Father

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- The best-selling and most trusted book for new fathers, with more than 500,000 copies in print
- The companion volume to *The Expectant Father*, the best-selling pregnancy book for men
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- This new edition is revised from cover to cover with the latest information on healthcare, financial planning, parental leave, and much more
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Illustrated with stress-relieving cartoons, **The New Father** is a friendly, readable, and inclusive companion for all new dads. (Mums will love it, too!).

**Armin A. Brott** is a nationally recognised parenting expert and the author of ten critically acclaimed books for fathers, including *The New Father:* A Dad's Guide to the First Year and The New Father: A Dad's Guide to the Toddler Years, 12-36 Months. He also writes a syndicated newspaper column, Ask Mr. Dad, and hosts a weekly radio show, Positive Parenting. To learn more, visit his website, mrdad.com.