



# A Taste of Brittany

Places of longing, original recipes and insider tips

Verena Mayer

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- Selected restaurants – from tiny crêperies to Michelin-starred dining, featuring true favourite spots off the beaten tourist track
- From salted butter to sweet kouign-amann – iconic specialities that make Brittany unique
- Wild coastlines, salty winds and the taste of Brittany captured in images and stories

Brittany is wild and full of culinary passion – where the salt of the Atlantic meets the warmth of Breton hospitality. **A Taste of Brittany** invites you to experience this region at its most authentic: restaurants, bistros and crêperies open their doors and share their best recipes as well as their very own insider tips. From hand-rolled galettes and freshly caught langoustines to cider chicken with a modern twist, this book brings together the full breadth of Breton cuisine with stories about people, places and rituals. Atmospheric photography and vivid writing make it the ultimate culinary travel companion for lovers of France – and for all those who are about to fall for it.

**Verena Mayer** is a freelance journalist specialising in travel and food. Her great love is France – and above all, Brittany. She writes for renowned publications such as *Falstaff*, *Effilee*, *taz* and the Sunday edition of the *Frankfurter Allgemeine Zeitung*.