



A Taste of Cape Town

Places of longing, original recipes and insider tips

Thomas Niederste-Werbeck

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- A diverse collection of original recipes, ranging from essential traditional dishes to modern fusion creations
- Atmospheric photography capturing Cape Town's unique lifestyle between Table Mountain, the ocean, and the surrounding vineyards
- Includes an extensive service section with insider tips on restaurants, markets, wine bars, and excursions to the Winelands

Cape Town is considered one of the most beautiful cities in the world—vibrant, diverse, and full of contrasts. **A Taste of Cape Town** opens doors to colourful neighbourhoods such as Bo-Kaap and Woodstock, leads readers to creative restaurants, lively markets, and hidden wine bars. Accompanied by around 200 atmospheric photographs and numerous authentic recipes, the book immerses readers in the Cape's world of culinary pleasure, where African traditions, European influences, and modern food culture merge into a unique blend. Rounded off with an extensive service section featuring personal insider tips, this volume becomes the ultimate companion—for anyone wishing to experience Cape Town or bring its culinary diversity into their own home. A book that inspires discovery and captures Cape Town more completely than any other.

Thomas Niederste-Werbeck has a refined sensibility for design and gastronomy. As a creative director and editor-in-chief, he shaped renowned magazines such as *Architektur & Wohnen* and *Salon*. Since 2016, he has run his own design studio in Artà, Mallorca. For more than ten years he owned a holiday home in Cape Town, until he decided to stay permanently at the end of 2025. With his trained eye for aesthetics and culinary culture, he is the ideal editor to present Cape Town's cultural and gastronomic diversity in an authentic and stylish way.