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A Taste of Rome

Places of longing, original recipes and insider tips

Stefan Maiwald

Andrea di Lorenzo

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- Authentic recipes from Roman cuisine – from antipasti to dolci
- Hidden culinary gems – restaurants, markets, and cafés away from the tourist crowds
- Fascinating anecdotes – the history and traditions behind the dishes

Rome is not only a city steeped in history, but also a true paradise for food lovers. ***A Taste of Rome*** unveils the culinary soul of the Eternal City during the Holy Year – from hidden trattorias tucked away in narrow alleyways to legendary cafés that have been cherished for generations. Alongside authentic recipes such as Cacio e Pepe, Carciofi alla Romana, and Saltimbocca, this book shares captivating anecdotes about Roman food culture and its deep-rooted traditions. Detailed insider tips reveal where locals shop, dine, and enjoy their aperitivo, offering a genuine taste of Roman life. With stunning photography and a harmonious blend of travel guide and cookbook, this volume invites readers to experience Rome with all their senses – whether strolling its ancient streets or cooking at home.

Stefan Maiwald is a renowned travel and food journalist with a deep passion for Italy. His books masterfully combine historical insight with culinary expertise. For many years, Maiwald has contributed columns and feature articles to *Golf Journal* as well as *Der Feinschmecker, Merian, GEO Saison, SZ-Magazin, GQ, P.M*, and other leading publications. Today, he lives between Munich and his beloved second home in Italy. **Andrea Di Lorenzo** is an acclaimed Italian food, beverage and travel photographer. He spends his time between editorial projects and photo shoots for restaurants and Hotels across Italy and Europe. His work is highly appreciated for its natural yet still sophisticated touch. His customer base includes well-known international brands and companies, like *National Geographic, Der Feinschmecker, La Cucina Italiana*, Merian, Robb Report, Rocco Forte Hotels, Belmond, Anantara, W Hotels, Dorchester and Dream Cruises.







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