



## An Hour from Paris

### 20 Secret Daytrips by Train

**Annabel Simms**

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- Fully updated and revised, with two new chapters
- Illustrated throughout, with an original map for each walk
- Full practical information and a guide to the local train network

*"The most exciting travel guide I've read in years."* – **Huffington Post**

This classic guidebook, full of the little-known treasures of the Île de France, is now fully updated and revised, with two new chapters.

Discover half-hidden chateaux and artists' country houses; walk, boat or dance by the river; explore old towns and country footpaths; and eat in small family-run cafés and restaurants with 1950s décor. Based on 30 years' experience of exploring the Paris countryside by train, each visit includes the essential historical context and practical information to help you discover places unknown to many Parisians.

Written with humour and a flair for the unusual and authentic, the text is illustrated with original photos and local maps. It includes a unique guide to using the excellent local train network.

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**Annabel Simms** was born in England, of Hungarian parentage. In 1991 she moved to Paris on a year's sabbatical from her job as a college lecturer in London, and never left. She now works as a freelance journalist, editor and English teacher.