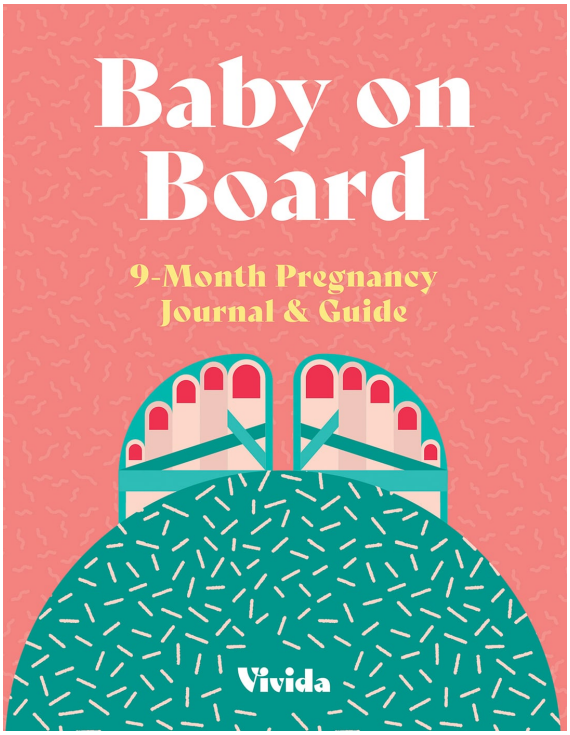
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Baby on Board

9-Month Pregnancy Journal and Guide

Lara Pollero

Illustrated by Alice Iuri

ISBN	9788854419537
Publisher	White Star
Binding	Diary
Territory	World excluding Australasia, USA, & Canada. Italy and India non-exclusive
Size	220 mm x 170 mm
Pages	160 Pages
Name of series	VIVIDA
Price	£12.49

- A day-by-day diary for self-expression, monitoring, and planning
- A guide with important prenatal information presented during the weeks and months when they are most relevant
- A wealth of tips created with the supervision of experts
- A souvenir to keep and share indefinitely
- Price does not include VAT

Baby on Board is both a day-by-day diary and a pregnancy guide, rich with practical information, advice, stories, and space to keep track of everything and feel supported, from conception to delivery. Pregnancy journals are not only a way to track the passing of time, but also the opportunity to create a personalised souvenir, immortalising a life-changing 9-month journey**.** ***Baby on Board*** features quirky, but accurate, humour, engaging graphics, and spaces for self-reflection. It offers:

- A full page for each week of pregnancy
- A double page at the end of each month, for recording & tracking prenatal milestones-from maternal weight gain to fetal growth
- Tips on attitude, exercise, behaviour, and nutrition
- 24 in-depth boxes on important issues and misconceptions about pregnancy
- Charming & humorous illustrations with questions and space for personal reflection.

Lara Pollero is a ghostwriter of children's books, translator of nonfiction, and collaborator for major Italian publishing houses. As a mother of twins herself, she was able to create content based on personal experience, complemented by contributions of specialised experts. **Alice Iuri** trained as an illustrator and graphic designer at Iuac in Venice. Since 2016 she has been part of WorldofDot studio, designing covers and creating illustrations for Italian publishers and magazines.







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