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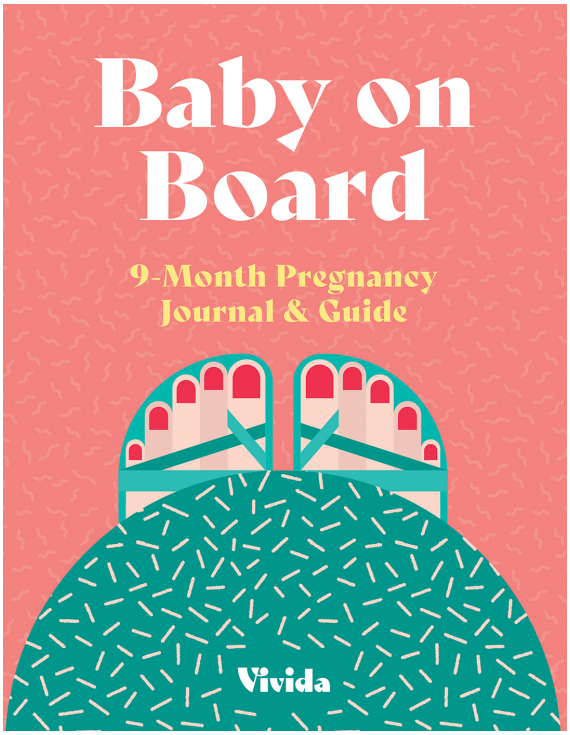

Baby on Board

9-Month Pregnancy Journal and Guide

Lara Pollero

Illustrated by Alice Iuri

ISBN	9788854419537
Publisher	White Star
Binding	Diary
Territory	World excluding Australasia, USA, & Canada. Italy and India non-exclusive
Size	220 mm x 170 mm
Pages	160 Pages
Name of series	VIVIDA
Price	£12.49

- A day-by-day diary for self-expression, monitoring, and planning
- A guide with important prenatal information presented during the weeks and months when they are most relevant
- A wealth of tips created with the supervision of experts
- A souvenir to keep and share indefinitely
- Price does not include VAT

Baby on Board is both a day-by-day diary and a pregnancy guide, rich with practical information, advice, stories, and space to keep track of everything and feel supported, from conception to delivery. Pregnancy journals are not only a way to track the passing of time, but also the opportunity to create a personalised souvenir, immortalising a life-changing 9-month journey**.** ***Baby on Board*** features quirky, but accurate, humour, engaging graphics, and spaces for self-reflection. It offers:

- A full page for each week of pregnancy
- A double page at the end of each month, for recording & tracking prenatal milestones-from maternal weight gain to fetal growth
- Tips on attitude, exercise, behaviour, and nutrition
- 24 in-depth boxes on important issues and misconceptions about pregnancy
- Charming & humorous illustrations with questions and space for personal reflection.

Lara Pollero is a ghostwriter of children's books, translator of nonfiction, and collaborator for major Italian publishing houses. As a mother of twins herself, she was able to create content based on personal experience, complemented by contributions of specialised experts. **Alice Iuri** trained as an illustrator and graphic designer at Iuac in Venice. Since 2016 she has been part of WorldofDot studio, designing covers and creating illustrations for Italian publishers and magazines.

Published 27th Sep 2023