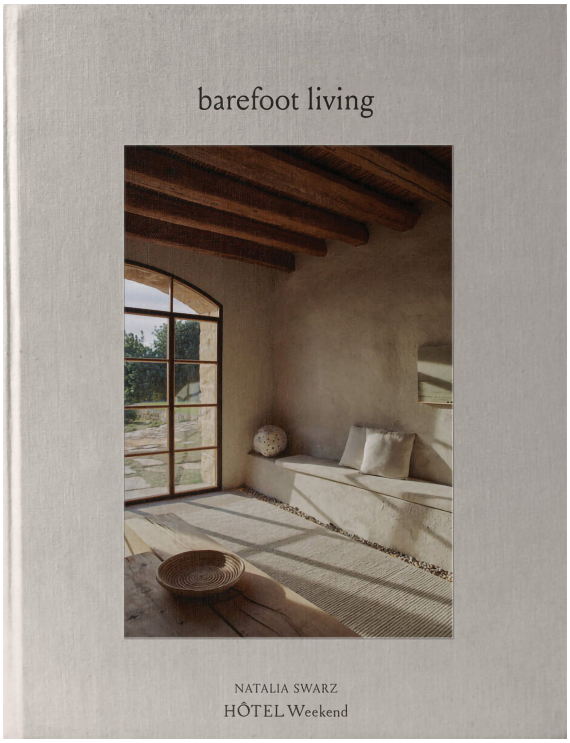
TITLE INFORMATION
Tel: +44 (0) 1394 389950
Email: uksales@accartbooks.com
Web: https://www.accartbooks.com/uk



Barefoot Living

Natalia Swarz

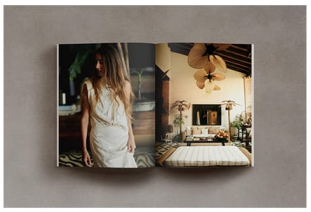
ISBN	9788794190756
Publisher	Helmin Publishing
Binding	Hardback
Territory	World excluding Denmark
Size	310 mm x 240 mm
Pages	256 Pages
Name of series	Barefoot Series
Price	£65.00

- Amazing photography in cosy settings, exploring the concept of barefoot living

Barefoot Living invites you to kick off your shoes and ground yourself, not just literally but metaphorically. In this book, Natalia Swarz explores the concept of barefoot living through her personal lens, exploring the destinations where she has found herself living her best unrushed life: the Mediterranean coast, island life, the countryside, Latin America and in the city. The pages are filled with inspirational photography and interviews, inviting you inside homes, guest houses and boutique hotels belonging to those who are embracing a barefoot, slower pace of life. This book aims to inspire you to live a more mindful life, starting with your own home.

Natalia Swarz was born and raised in Cali, Colombia - a city where summer is endless and golden hour lasts forever - and is now based in Madrid. Inspired by her globetrotting mother, Natalia launched Hôtel Weekend - https://www.hotel-weekend.com/ - with a desire to share the raw and extraordinarily beautiful places the world can offer with an inspiring community.







Published 14th Oct 2025