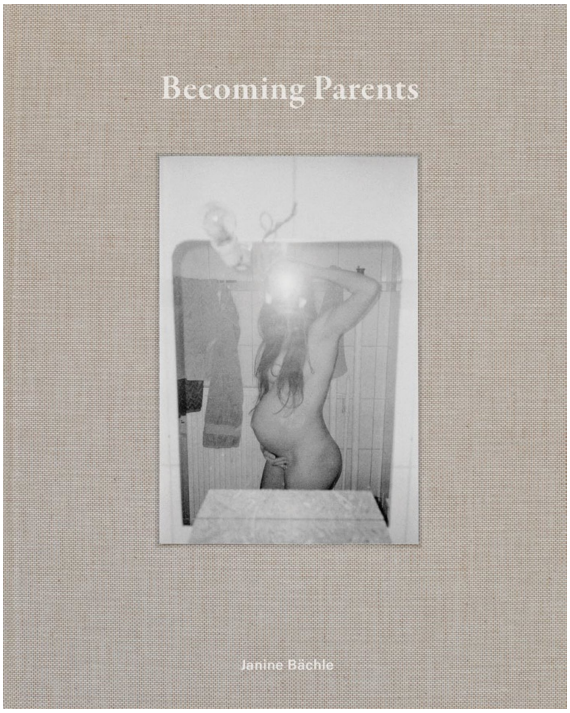
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Becoming Parents

Janine Bächle

By (photographer) Janine Bächle

Joanna Wolfarth

ISBN	9783987412219
Publisher	Verlag Kettler
Binding	Hardback
Territory	World excluding Germany, Austria, Switzerland
Size	250 mm x 200 mm
Pages	152 Pages
Illustrations	55 color, 37 b&w
Price	£45.00

- An intimate and honest photo book about becoming parents
- Photographs that transcend romanticised images
- A narrative of control and collapse
- Intense and vulnerable

Becoming a parent is not only about joy, happiness, and fulfillment. It can also trigger anger, despair, exhaustion, fear, and pain, as photographer Janine Bächle demonstrates in her long-term, autobiographical project, ***Becoming Parents***. Bächle documented her pregnancy with an unvarnished lens, breaking taboos by showing unfiltered bodily details and functions. Through her sensitive yet shockingly honest photographs, Bächle documents her everyday family life, the changes in her body, and the emotional spectrum of becoming a parent. She deliberately sees her project as a realistic counterpoint to the romanticised images in relevant guidebooks and the perfect portrayals on social media. In addition to making care work visible, the book shows the struggle with feelings such as aggression, sadness, and fundamental doubts about parenthood. By juxtaposing her photographs with diary entries, lab results, and birth records, the narrative oscillates between control and collapse. The result is an indissoluble tension between image, word, and document that captivates viewers and allows them to experience the intensity and vulnerability of becoming a parent.

Text in English and German.

Janine Bächle (born 1990 in Germany) is a photographer and artist based in Leipzig and at Lake Constance with a passion for book making and editorial design. She studied photography and communication design at *University of Art and Design* in Offenbach, Germany.







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