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Bike Life

Travel, Different

Tristan Bogaard

Belén Castelló

ISBN	9782390251156
Publisher	Lannoo Publishers
Binding	Hardback
Territory	World excluding Belgium, The Netherlands, France, Switzerland & Scandinavia
Size	290 mm x 230 mm
Pages	256 Pages
Illustrations	200 colour, 20 b&w
Price	£45.00

- Discover various bicycle tours throughout Europe, North America and Central Asia
- With beautiful photographs, personal anecdotes and practical advice to organise your own trip
- A visual invitation to discover breath-taking scenery and meet new people
- Tristan and Belén share their advice and personal experiences with bike travelling
- Includes numerous short stories that appeal to one's imagination

For the travel and adventure enthusiasts: ***Bike Life***
shares the story of Tristan and Belén's adventures on various bicycle tours throughout Europe, North America and Central Asia. A book full of beautiful photographs and personal anecdotes, advice, and the many things they learned while being on the road. The book breathes adventure, but also bursts with interesting tips on how to plan your own bicycle tour, and provides some recommended routes. The book also provides an answer on the most commonly asked questions and concerns surrounding this exciting way of exploring the world, and gives inspiration to go out and pedal to a new place.

Tristan Bogaard and **Belén Castelló** are photographers and avid travellers. For the past two years, they've done several bicycle tours around the world, capturing the landscapes they've come across and reflecting back on memories by curating their photos and videos on social media.

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