



Bowl Stories

Viola Molzen

Benjamin Donath

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Benjamin Donath and Viola Molzen decided to call their book *Bowl Stories* because eating out of bowls is not a passing fad, but a declaration of love for the food itself. The duo defines eating from a bowl, or even directly from the pot, as the ultimate pleasure. Eating from bowls is both practical and sensuous; all ingredients and components are nestled close to each other so it's easy to have a bit of everything on your spoon.

Ben and Viola serve up classic dishes with a fun twist: Asian carbonara with pork belly, ayran Black Forest cake, and pea soup with nectarine yakitori or hay panna cotta. Marketing manager Viola, who loves food above all else, and pastry chef Ben, author of the food blog EateryBerlin.com, find inspiration for their recipes from childhood memories, leftovers in the fridge, and of course, from their travels: to Turkey, Portugal, or a campground in Brandenburg.