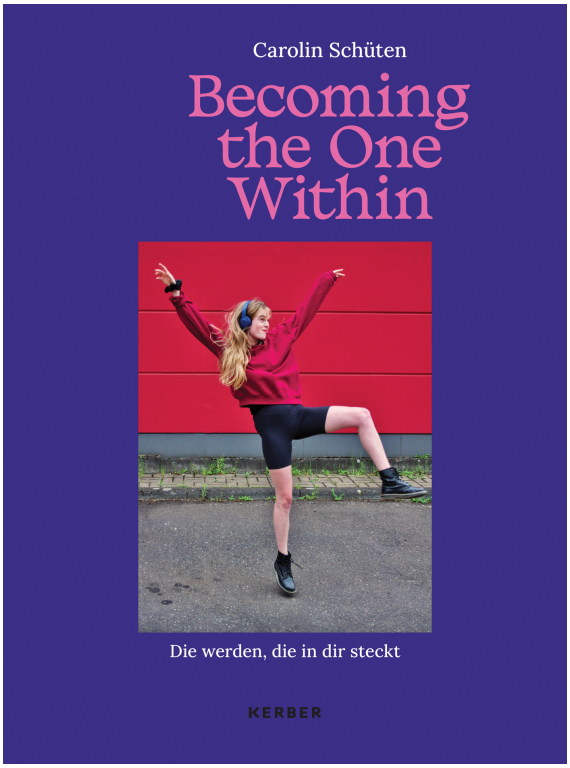
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Carolin Schüten

Becoming the One Within

By (photographer) Carolin Schüten

Text by Anne Schlüter

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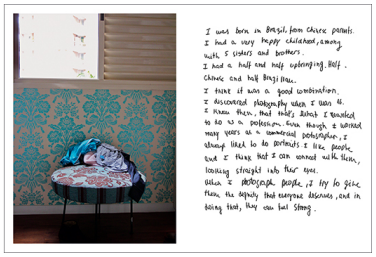
- Intimate Portraits of Personal Passion: 35 women share what drives them, captured in poetic and emotionally resonant photography
- Includes a compelling essay by biographical researcher Anne Schlüter on the science of happiness and self-actualisation
- Empowering Female Voices: A celebration of individuality, strength, and the diverse paths women take to find meaning

What are you passionate about? What is it that sets you apart? What has captured your imagination since you were a child? These were the questions Carolin Schüten asked her subjects. In 35 portrait sessions, they worked together to create images focused on these themes. The result is a series of powerful, poetic photographs that reveal the rich inner worlds of these women.

Following her photographic work on adolescence, Carolin Schüten became interested in how an individual's life develops. How does someone become happy? How can they realise their potential? How do they become the person they are meant to be? Schüten is always driven by her interest in learning more about people's emotional state in various phases of life and exploring these through her images; it is based on the belief that you can see something on the outside that speaks to what lies inside. The photographs are juxtaposed with personal statements by the subjects. Meanwhile, a text on the subject of happiness research by biographical researcher Anne Schlüter provides a deeper insight into this topic.

Text in English and German.

Carolin Schu¨ten was born in 1957 and grew up in Krefeld. She spent her student years in Lausanne, London, and Los Angeles, where she studied languages, art history, and photography at the Art Center College of Design in Pasadena. Since returning to Germany, she has been working on book publications, exhibitions, and design projects. Carolin Schüten has two sons and a dog. She lives and works in Cologne, Germany.







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