



## ConneXion

### 7 Paradoxes for the Modern Leader

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- The authors have a unique combination of expertise in sports and business performance

The authors of this book, both experienced managers and business strategists, offer sustainable solutions to the paradoxes of leadership. Navigating the lightning-fast changes of the modern business world can be challenging. The leadership solution can be found in the human connection, not in the digital one. In their experience, the path to success, and to avoiding disruptive paradoxes, is found by combining speed with quality. The examples in this forward thinking business book highlight seven ways in which leaders can effectively react to change.

As a former top manager at the Belgian firms Telindus and Belgacom, and as a junior league coach at Belgian football team KV Mechelen, **Jan De Schepper** has witnessed the potential of cross-pollination between the sport and business worlds. He currently holds a chair on multiple boards of directors. **Paul Van Den Bosch** has over thirty years of experience in working with professional athletes, with whom he has achieved terrific results over several disciplines. He is the co-founder of Energy Lab, the organisation that motivates and aids people and teams in setting up a healthy lifestyle. Today he applies his insights into sports coaching to his work as a business coach.