



Day and Night Colouring Book

Journey into the Secrets of Nature

Illustrated by Sara Muzio

ISBN	9788854422032
Publisher	White Star
Binding	Paperback / softback
Territory	World excluding Australasia, USA, & Canada. Italy and India non-exclusive
Size	250 mm x 250 mm
Pages	96 Pages
Name of series	Colouring Books for Adults
Price	£7.99

- A new addition in the best-selling series of adult colouring books
- Original artwork by Sara Muzio, renowned illustrator of colouring books
- A unique theme: nature's landscapes and animals from day to night
- Intricate and elegant line art to spark creativity and mindfulness
- Premium thick paper suitable for various colouring techniques
- An ideal gift for art lovers, nature enthusiasts, and colouring fans
- Designed to promote relaxation, stress relief, and inner balance

Immerse yourself in the harmony of nature with **Day and Night**, a refined colouring book that guides you through a journey from sunrise to sunset and beyond, celebrating the beauty of the natural world. Each page features intricate and evocative illustrations by Italian artist Sara Muzio, depicting landscapes, plants, and animals in both daylight and nocturnal settings.

Printed on premium thick paper, ideal for coloured pencils, markers, or pens, it's a real experience of mindfulness and art combined. Perfect for anyone who loves to draw, relax, and find balance away from daily stress.

Sara Muzio has worked in graphic design and illustration for over 20 years. She graduated with a degree in Anatomical Drawing in 2002 and began her career working with small graphic studios. In 2004, she became a scientific illustrator for Lumen Edizioni. From 2005 to 2011, she worked as a freelance graphic designer for private clients, public institutions, and publishers. She currently works as an illustrator and graphic designer and has created numerous bestselling colouring books for White Star in recent years.

