



Dieter Huber

Spirit, Survival Box

Edited by Dieter Huber

ISBN	9783735607010
Publisher	Kerber
Binding	Hardback
Territory	World excluding Germany, Austria, Switzerland, the US & Canada
Size	240 mm x 230 mm
Pages	144 Pages
Illustrations	100 color
Price	£33.00

- Spirit is a 'mental survival box' filled with texts, pictures, amusing essays, and insightful examples of great stories of humankind
- Text in English and German

“People are seekers. The ‘path to giving meaning’ is relevant in order to put aside boundaries and fears, the proven and the worthwhile, and to take a new, personal, and thus true path,” as Dieter Huber says about his new book, **Spirit**. It is a “mental survival box”: Found in it are 24 text-picture elements and, in addition, amusing essays and insightful examples of the great stories of humankind of the past 3,000 years. **Spirit** is an extensive compendium on spirituality, art and intellect, myth, creation, and meditation.

Text in English and German.

