



Dreamers Who Do

Hilde Helsen

Illustrated by Koen Vanmechelen

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- Draws from the insights of musicians like Lenny Kravitz and thought leaders such as Simon Sinek, Maya Angelou, George Kohlrieser and William Ury for reaching your dreams or those of others
- Reveals the four dimensions of purpose that drive 'dreamers who do': they dream, stand up, push through, and above all they continuously let love rule
- Features illustrations by artist Koen Vanmechelen

There is a way leading to the realisation of our dreams for each and every one of us. The difficult part is finding it. Based upon the power of authenticity in music, together with the most pressing perspectives of contemporary thought leaders, *Dreamers Who Do* allows you to create a climate of safety: a personal climate in which you and/or others are inspired to take action. This book reveals the four dimensions of purpose that drive 'dreamers who do': they dream, stand up, push through, and above all they continuously let love rule. Draws from the insights of musicians like Lenny Kravitz and thought leaders such as Simon Sinek, Maya Angelou, George Kohlrieser and William Ury to reaching your dreams or those of others. Features illustrations by artist Koen Vanmechelen.

Hilde Helsen is an engineer in materials science. She was one of the first female engineers to assume a top role at a multinational organisation. She is the founder of TRAJECTUM, an agency accompanying professionals and organisations in the various stages of transition.