



Exploring the Nature: Montessori Lab

Educating with Nature

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- The activities in this book are intended for children from 2 to 10 years, with the aim of recovering the natural bond between the child and the world of nature

Nature has an important role in Montessorian pedagogy. According to Maria Montessori, taking care of animals and plants is highly satisfying for the child: knowing that someone needs him/her and that his/her work gives rise to life is a great incentive for his/her sense of responsibility, but also for his/her emotional development, and ability to imagine and control the actions and emotions that are part of the world of childhood. The activities in this book are intended for children from 2 to 10 years, with the aim of recovering the natural bond between the child and the world of nature. They are subdivided into 4 areas, according to what Maria Montessori observed to be the most important aspects in the child's relationship with nature. The activities are designed partly for the home, but are always inspired, where possible, by experience in the open air, in the garden, in the vegetable garden, in the alley behind the home, or in the playground. Ages: 2 to 10

Chiara Piroddi is a psychologist and expert in Neuropsychology, specialising in Cognitive-Evolutionary Psychotherapy. She graduated in Psychology at the University of Pavia in 2007. She completed her practical training at the Niguarda Hospital and she has written several books for White Star Kids.