



FAQ for Expectant Fathers

Armin Brott

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On one page is a fill-in-the-blank statement about impending fatherhood, along with four multiple choice answers. Test yourself, then turn the page to find some helpful advice drawn from the expertise of top practitioners, as well as Brott's own background as a father of three and the real-world experience of thousands of others. With chapters on each of the 9 months of pregnancy, as well as sections on labour and delivery and infertility, the book features topics guys need to know-changes to men's hormones during pregnancy-and doesn't shy away from topics guys want to know-sex during pregnancy-all of which is told with the authority and honesty of an informed buddy.

Test your knowledge on pregnancy and the countdown to fatherhood with this sneak peek into **FAQ for Expectant Fathers**: Some research has found that the more severe the morning sickness, the _____ will be. a. higher the baby's IQ b. prettier the baby c. louder the baby d. crankier the baby Answer: Women who have severe morning sickness are less likely to miscarry, deliver prematurely, or have low-birth weight babies. Some research has found that the more severe the mother's symptoms, the higher the baby's IQ will be. Tip: Telling her these things won't make her feel much better, but it might make her smile as she's leaning over the toilet bowl.

Armin A. Brott, Mr. Dad, is a nationally recognised expert on parenting and the author of eight books on fatherhood, including the bestselling *The Expectant Father: The Ultimate Guide for Dads-to-Be* and *The New Father: A Dad's Guide to the First Year*. He has also written on parenting for the *New York Times Magazine*, the *Washington Post*, and *Newsweek*, among many other publications. He writes the popular nationally syndicated column *Ask Mr. Dad* and hosts *Positive Parenting*, a weekly syndicated talk show. Brott lives with his family in Oakland, California. To learn more, visit his website: mr.dad.com.