



FAQ for New Fathers

Armin A. Brott

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- With chapters on each of the twelve months in baby's first year, this book offers new dads some very helpful advice

On one page is a fill-in-the blank statement about new fatherhood, along with four multiple choice answers. Test yourself, then turn the page to find some helpful advice drawn from the expertise of top practitioners, as well as Brott's own background as a father of three and the real-world experience of thousands of others. With chapters on each of the twelve months in baby's first year, the book features topics guys need to know—baby blues—and doesn't shy away from topics guys want to know—work/life balance—all of which is told with the authority and honesty of an informed buddy.

Armin A. Brott is a nationally recognised parenting expert and the author of ten critically acclaimed books for fathers, including *The New Father: A Dad's Guide to the First Year* and *The New Father: A Dad's Guide to the Toddler Years, 12–36 Months*. He also writes a syndicated newspaper column, *Ask Mr. Dad*, and hosts a weekly radio show, *Positive Parenting*. To learn more, visit his website, mrdad.com.