



# Formula 1 - A Turbocharged Guide

**Peter Nygaard**

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- Peter Nygaard has covered more than 700 Formula 1 races in his career, making him one of the most experienced in his field
- The perfect guide for anyone who wants to learn about Formula 1

The interest in Formula 1 is greater than ever. With new races, more car manufacturers, and sold-out grandstands, the pinnacle of motorsport, with speeds of 300 km/h, has established itself as one of the world's most popular sporting events. But Formula 1 is a complex sport. In addition to highly trained super-athletes like Lewis Hamilton and Max Verstappen, it's about advanced technology, intricate regulations, and at times, an almost unbelievable history filled with plenty of racing and intrigue over 75 years. The payoff for spectators and TV viewers increases with their knowledge of the sport.

This book is aimed at the millions of new fans who have been fascinated by Formula 1 in recent years. At the same time, experienced Formula 1 enthusiasts will gain new knowledge, and the book will provide children, young people, and adults with plenty of moments of epiphany about the world's fastest (and most expensive!) sport.

**Peter Nygaard** covered his first Formula 1 Grand Prix back in 1982 and has since been one of the regular photographers in motorsport's premier class. Nygaard never misses a Grand Prix, and in addition to his own photographs, he has continuously acquired image archives from colleagues, allowing him to cover the history of Formula 1 all the way back to its beginning. Nygaard is well-liked and respected within the Formula 1 paddock and the F1 organisation, which has led to him supplying a wide range of images for the official F1 Exhibition — a travelling showcase dedicated to Formula 1.

