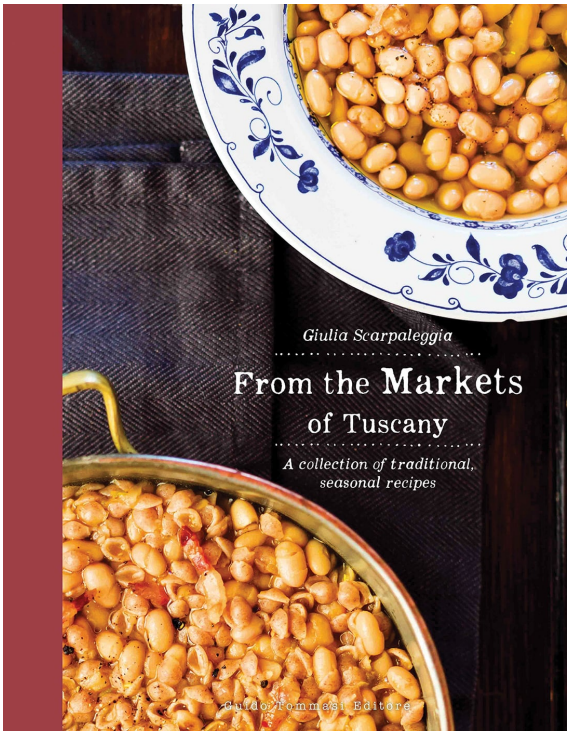
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From the Markets of Tuscany

A Collection of Traditional, Seasonal Recipes

Guilia Scarpaleggia

ISBN	9788867534418
Publisher	Guido Tommasi Editore
Binding	Hardback
Territory	World
Size	245 mm x 187 mm
Pages	360 Pages
Illustrations	208 color
Price	£30.00

- An updated edition of a previous highly successful book with the same title (ISBN 9788867532193)
- The revised edition will have a new cover, a new structure, and a new design
- Recipes have been updated where necessary and new recipes added

Tuscan cooking lives in the region's homes and gardens, its small shops and market stalls. With ***From the Markets of Tuscany***, at once a collection of traditional, seasonal recipes and a guide to the area's top food markets, Giulia takes readers on a journey through her beloved Tuscany, exploring famous places but also more remote areas – from Florence's urban streets and enchanting Volterra to mountainous Garfagnana and the wilds of Lunigiana, the gentle rolling hills of Val d'Orcia, and the vineyards and olive groves of Chianti. Through photographs, words and recipes, Giulia tells the story of Florence's historic markets, local organic farmers' markets, and the weekly market days held in Tuscan towns and villages. She also explores Tuscany's coastal fish and seafood markets, together with the roadside vendors of the Maremma area, with their vibrant fresh fruit and vegetable stands. With each encounter, Giulia delves into the stories of Tuscany's food markets, drawing on memories and recipes that taste of home.

Giulia Scarpaleggia, a food writer and photographer, teaches Tuscan cooking classes in her family house in the Tuscan countryside. Born and bred in Tuscany, she started her blog Jules' Kitchen (http://en.julskitchen.com/) in 2009 to collect family recipes and stories.






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