



Healing Animals

Wolves, Foxes, Owls, and Other Wild Archetypal Animals that Inhabit Our Psyche

Federica Zizzari

Illustrated by Giada Ungredda

ISBN	9788854420380
Publisher	White Star
Binding	Hardback
Territory	World excluding Australasia, USA, & Canada. Italy and India non-exclusive
Size	240 mm x 170 mm
Pages	160 Pages
Illustrations	70 color
Name of series	VIVIDA
Price	£14.99

- Over 70 splendidly evocative illustrations
- Learn to harness the power of nature within each of us
- Legends, anecdotes, detailed text, and in-depth analysis on over 65 species

Our journey on this earth is one of undeniable interconnectedness between human beings and other animals. This book illustrates the spiritual qualities of the many animals considered magical according to traditions and folklore. Magnificent creatures with qualities that humans possess, if they only listen inward. Everyone has innate powers and inspiring characteristics they can learn to intuit and evoke. There is much knowledge that can be gained from understanding the species who share this incredible planet with us. Thanks to this book we can take a step in the right direction through detailed texts, boxes of in-depth analysis, anecdotes, legends, and splendidly evocative illustrations.

KIKOSMICA (Federica Zizzari) is a “Curandera” of the Soul, an alchemist of the heart. A certified holistic practitioner, facilitator of family constellations, spiritual artist, channeler, reader of Akashic Records and soul coach. She deals with relationships and guides anyone who wants to understand the centre of their own life; transforming their wounds into rich blooms of resources. She facilitates individual and group paths of inner growth. She designed the divination cards of the Sacred Trees and is the author of the book *Angelic Messages*. **Giada Ungredda** is an illustrator and graphic designer. She studied advertising graphics at the Porta Romana State Institute of Art in Florence and attended the International School of Comics, the Scandicci School of Illustration and Ars in Fabula in Macerata. She is a devourer of fantasy and steampunk stories and has always imagined imaginary worlds and daring adventures. Since 2020 she has been producing botanical and didactic illustrated tables for dissemination projects.