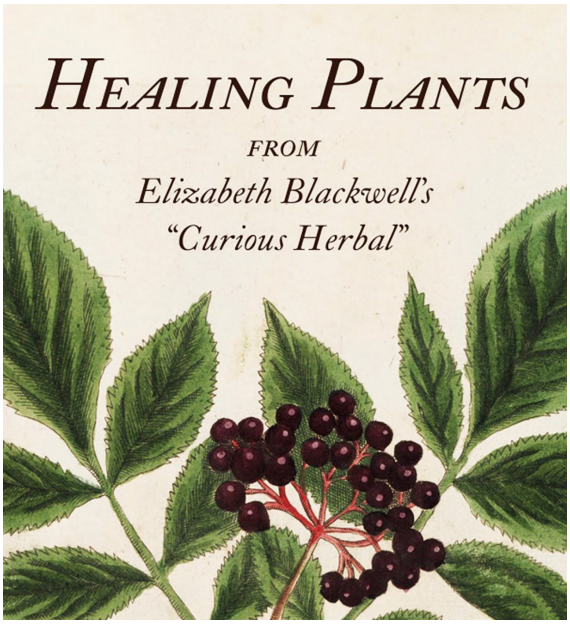
TITLE INFORMATION
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Healing Plants

From Elizabeth Blackwell's "Curious Herbal"

Edited by Marta McDowell

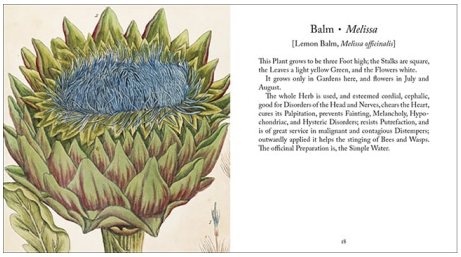
ISBN	9780789214812
Publisher	Abbeville Press
Binding	Hardback
Territory	World excluding USA, Canada, Puerto Rico, and Australia
Size	111 mm x 102 mm
Pages	288 Pages
Name of series	Tiny Folio
Price	£9.99

- A delightful miniature gift for herbalists, gardeners, and admirers of botanical illustration
- Includes 137 beautiful engravings of medicinal plants from *Elizabeth Blackwell's Curious Herbal* (originally published 1737-39), along with Blackwell's descriptions of their medicinal properties
- Introduction by renowned garden writer Marta McDowell, about *A Curious Herbal* and the history of herbal medicine
- A companion to other *Tiny Folios* on natural history, such as *The Trees of North America* and *Audubon's Birds of America*

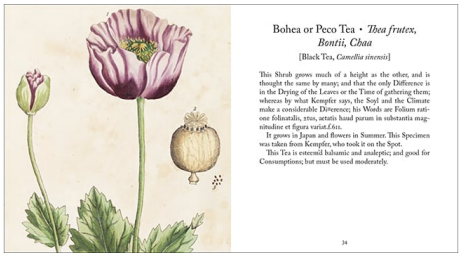
A miniature treasury of medicinal plants, drawn from the work of a pioneering woman artist.

This miniature book contains a veritable garden of healing plants, specially chosen from Elizabeth Blackwell's *Curious Herbal* (1737–39). A talented artist, Blackwell published her herbal as a means of financial support after her husband landed in debtor's prison — and it quickly became a prized reference for doctors and apothecaries. Each of the 140 exquisite hand-coloured engravings featured herein — from elderberry and chamomile to aloe and St. John's wort — is accompanied by Blackwell's description of its medicinal properties. The plants have been selected by the renowned garden writer Marta McDowell, who also contributes an introduction about Elizabeth Blackwell and the herbal medicine of her time. ***Healing Plants*** is the perfect little gift for anyone interested in herbalism, botany, or gardening.

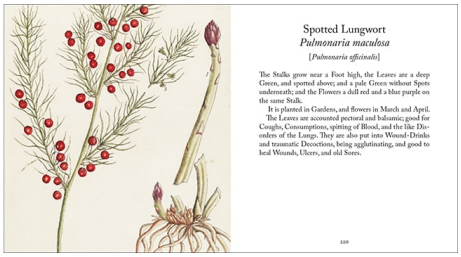
Marta McDowell is a gardener, lecturer, and horticultural writer. Her books include *A Curious Herbal: Elizabeth Blackwell's Pioneering Masterpiece of Botanical Art* (Abbeville), *Gardening Can Be Murder: How Poisonous Poppies, Sinister Shovels, and Grim Gardens Have Inspired Mystery Writers*, and *Beatrix Potter's Gardening Life*, winner of the Gold Award from the Garden Writers Association.


Balm • *Melissa*
[Lemon Balm, *Melissa officinalis*]

This Plant grows to be three Foot high; the Stalks are square, the Leaves a light yellow Green, and the Flowers white.
It grows only in Gardens here, and flowers in July and August.
The whole Herb is used, and esteemed cordial, cephalic, good for Disorders of the Head and Nerves, chears the Heart, cures its Palpitation, prevents Fainting, Melancholy, Hypochondriac, and Hysteric Disorders; resists Putrefaction, and is of great service in malignant and contagious Distempers; outwardly applied it helps the stinging of Bees and Wasps. The officinal Preparation is, the Simple Water.


Bohea or Peco Tea • *Thea frutex, Bontii, Chaa*
[Black Tea, *Camellia sinensis*]

This Shrub grows much of a height as the other, and is thought the same by many; and that the only Difference is in the Drying of the Leaves or the Time of gathering them; whereas by what Kempfer says, the Soyl and the Climate make a considerable Difference; his Words are Folium rationi solinatalis, ztus, aetatis haud parum in substantia magnitudine et figura variat.Ect.
It grows in Japan and flowers in Summer. This Specimen was taken from Kempfer, who took it on the Spot.
This Tea is esteemd balsamic and analeptic; and good for Consumptions; but must be used moderately.


Spotted Lungwort
Pulmonaria maculosa
[*Pulmonaria officinalis*]

The Stalks grow near a Foot high, the Leaves are a deep Green, and spotted above; and a pale Green without Spots underneath; and the Flowers a dull red and a blue purple on the same Stalk.
It is planted in Gardens, and flowers in March and April.
The Leaves are accounted pectoral and balsamic; good for Coughs, Consumptions, spitting of Blood, and the like Disorders of the Lungs. They are also put into Wound-Drinks and traumatic Decoctions, being agglutinating, and good to heal Wounds, Ulcers, and old Sores.

Published 9th Jul 2024