



# How Do You Feel?: Feeling

Text by Chiara Piroddi

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Binding	Hardback
Territory	World excluding USA & Canada; India non-exclusive; Italy non-exclusive
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Pages	20 Pages
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Price	£8.99

- A useful tool for working on emotional education
- With interactive flaps
- Suitable for ages: 3-5

The story of this book, through its interactive flaps, was inspired by the studies of Paul Ekman, thanks to which we can recognise 6 fundamental activities: Recognising the emotions, Feeling empathy, Trusting, Socialising, Pondering & Identifying. A short story in which the ability developed is Feeling: the protagonists are children aged around 4 years, of various ethnic groups and physical characteristics, which reflect on the different components that emotions have, thus becoming a useful tool for working on emotional education. Ages: 3 to 5

**Chiara Piroddi** is a psychologist and psychotherapist, specialising in child and adolescent psychopathology. Graduating in Psychology in 2007 from the University of Pavia, she attended a Masters course in Neuropsychology in 2009, and in 2013 specialised in Cognitive Psychotherapy in Childhood and Adolescence after a four-year course at the Crocetta Clinical Center in Turin, Italy. Born in Fucecchio, **Giulia Quagli** works in Studio Fuffa with three other illustrators. She attended science college to then enroll first at the Accademia di Belle Arti and then at the Scuola Internazionale di Comics in Florence. In 2014, she turned digital and has collaborated with Giunti, Piemme edizioni, Mondadori, Zanichelli, Pearson, and Gribaudo to mention just a few. She is a member of Fuffa, an illustration studio based in Tuscany that was created by a team of four friends passionate about illustration and books. Together they make picture, activity, and interactive books, as well as puzzles and toys. Between them, they have years of experience in the editorial field, and they share the same goal: to create something beautiful.

