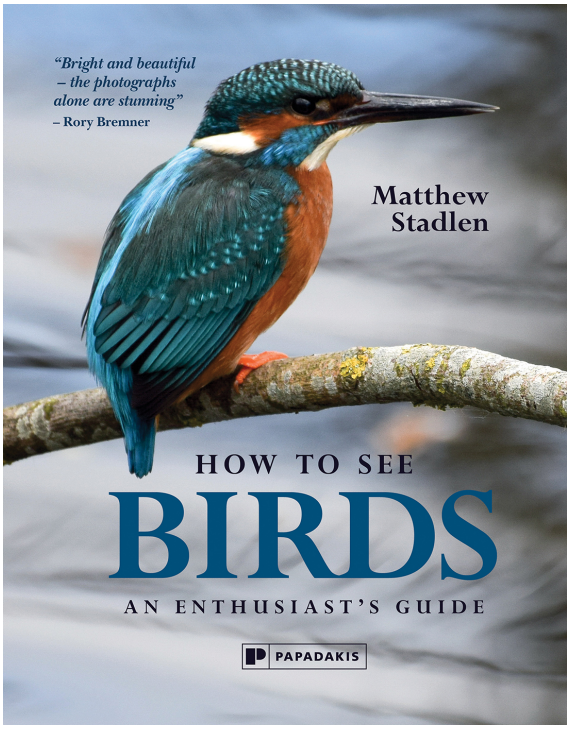
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How To See Birds

An Enthusiast's Guide

Matthew Stadlen

Foreword by Martin Harper

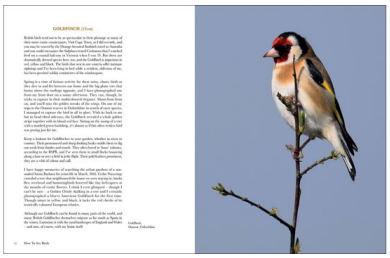
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- Foreword by Martin Harper, Global Conservation Director, RSPB
- Features a wide range of birds, from the common Woodpigeon to exotic South African Sunbirds
- Takes the reader on brilliantly written, and personal bird-watching journey
- The perfect book for the amateur bird-watcher

When we see a bird, do we really see it? It's perfectly possible to go through life with an almost total disregard for birds. However, in Britain, there are more than a million members of the Royal Society for the Protection of Birds. And thanks to Instagram – and other networking sites – there is also a growing number of bird photographers opening our eyes to unimagined treasures.

From the giants of our skies to the sweetest singing garden warbler, from Matthew Stadlen's London street to the Indian jungle and taking in countries as far afield as Albania and Australia, this book is, in a way, also a story of his life.

Matthew Stadlen is a TV and radio presenter. He hosts a podcast called '20 Questions With' and he presented a twice-weekly LBC show rated number one in London, and boasts a large national audience of 150,000+. Before that he presented, produced and co-devised the hugely successful 'Five Minutes With' interview strand as well as 29 half hour 'On The Road With' documentaries - both for the BBC, where he was also a programme editor on BBC One's This Week after starting out on 'Newsnight'. Matthew made national and international headlines with his articles for *The Telegraph* and wrote *The Matthew Stadlen* Interview in the paper. He has written for *The Spectator, The Sunday Times* and *Radio Times*, appeared frequently on Sky News and is the co-author of *The Politics Companion*, published by Think. Cambridge educated, Matthew was born and raised in Notting Hill where he still lives but he gets out to the country whenever he can to pursue his twin passions of photography and bird watching.







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