



# I Can Do It! My First Book of Learning to do Things Myself

Montessori Activity Book

Text by Chiara Piroddi

Illustrated by Agnese Baruzzi

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- Includes 8 pages of stickers

One of the fundamental pillars of a Montessori approach is providing children with opportunities for autonomy in their life – from getting dressed to learning. In this book, psychotherapist Chiara Piroddi, provides simple and stimulating activities that children can easily execute on their own. The book begins with a pedagogical explanation of the content for teachers and parents; and ends with suggestions for additional Montessorian activities to experience the world beyond its pages. Ages: 5 plus

