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# If You Can't Say It with Words, Say It with Chicken

## Gabriele Edlbauer

## Julia S. Goodman

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- 18 recipes filled with emotion
- A different kind of cookbook
- Accompanied by creative serving suggestions

The stomach is not only the way to the heart. In a humorous way, the cookbook by Gabriele Edlbauer and Julia S. Goodman, two artists living and working in Vienna, addresses complex feelings and hard truths through chicken recipes. Similar to *Engagement Chicken*, published by US cookbook author Ina Garten, the 18 recipes in ***If You Can't Say It with Words, Say It with Chicken*** are designed to help readers communicate emotionally difficult announcements.

In developing the book, the authors were inspired by their very different cultural backgrounds. Julia Goodman's ancestors were mostly Eastern European Jews who emigrated to the USA at the beginning of the 20th century. Gabriele Edlbauer on the other hand grew up on an organic farm in the predominantly Catholic Mühlviertel region of Upper Austria. The artists worked together to create not only the recipes, but also the props, sculptures, and tableware. In order to highlight the emotions associated with these dishes, the meals were staged in various culinary locations, some of them very unconventional: for example, in a sterile doctor's surgery in Vienna or in a friend's dimly lit bathroom.

The result is a book filled with emotional recipes. Accompanied by creative serving suggestions, it invites you to express yourself through chicken!

**Julia Goodman's** first verified exhibition was *ArtSpan Presents: 30 Under Thirty* at Varnish Fine Art in San Francisco, CA in 2008, and the most recent exhibition was *Julia Goodman: I guess the diet's working* at ZAHORIAN & VAN ESPEN in Bratislava in 2022. Julia Goodman is most frequently exhibited in United States, but also had exhibitions in Austria, Australia and elsewhere. Goodman has at least two solo shows and 21 group shows over the last 14 years. A notable show was *Paper Routes — Women to Watch 2020* at National Museum of Women in the Arts in Washington, DC in 2020. Other notable shows were at DePaul Art Museum in Chicago, IL and The Contemporary Jewish Museum (The CJM) in San Francisco, CA. Julia Goodman has been exhibited with Jenny Kendler and Gabriele Edlbauer. **Gabriele Edlbauer's** first verified exhibition was Archive in Residence at Vereinigung bildender Künstlerinnen Österreichs (VBKÖ) in Vienna in 2008, and the most recent exhibition was Academy Auction 2024 at Akademie der Bildenden Künste Wien in Vienna in 2024. Gabriele Edlbauer is most frequently exhibited in Austria, but also had exhibitions in United States, Bulgaria. Edlbauer has at least two solo shows and 25 group shows over the last 16 years. A notable show was *Gabriele Edlbauer - Giuliani* at Startgalerie in Vienna in 2016. Other notable shows were at Belvedere 21 in Vienna and Kunsthalle Wien Museumsquartier in Vienna. Gabriele Edlbauer has been exhibited with Cäcilia Brown and Noële Ody.










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