TITLE INFORMATION
Tel: +44 (0) 1394 389950
Email: uksales@accartbooks.com
Web: https://www.accartbooks.com/uk



Italia con gusto e amore

Road Trip to the Roots of Italian cuisine

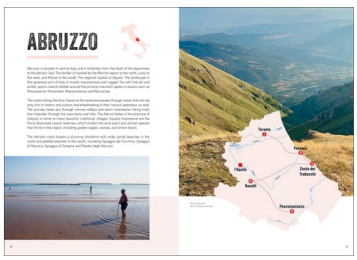
Annette Canini Daems

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- A travel guide and cookbook in one
- Travel to the roots of Italian cuisine
- A wonderful road trip through the 20 regions of Italy
- Get to know the local recipes of each place
- Discover the *cucina povera* and the captivating stories of very driven people
- Get started yourself with recipes that were created centuries ago
- More than 100 authentic dishes. Buon appetito!

Travel to the roots of Italian cuisine. Annette Canini Daems guides you through the country where food is not merely a product, but a whole culture. She guides you on a wonderful road trip through the 20 regions of Italy and introduces the unknown dishes of each place. Every region, every place has its own kitchen, because Italy is so much more than just pasta… Discover the *cucina povera* and how certain dishes were created out of necessity, but always with taste and passion. Annette tells the captivating stories of very driven people. Each and every one of them cherish their regional cultural heritage and help preserve it. Get started yourself with recipes that were created centuries ago and reflect the pride of a region. This book contains more than 100 authentic dishes. Buon appetito!

Lover of life, mother, fond of Italy and, as a food lover, passionate about cooking, eating and drinking. **Annette Canini Daems** got married in Italy with Giovanni and moved to Tuscany at the time for her work at Thomas More University where she supervised journalism exchange students. In 2006 she was made an honorary citizen of Sinalunga because of the socially relevant projects she did for its community. Her children Ramona, Vittorio and Lorena went to school there with the so-called 'suore' or sisters. And then there are her many Tuscan friends. The 'Amici della Chianina', (friends association around the Chianina breed of cattle) her olive farmer neighbour and some local chefs that immersed her in their culture and their haunting stories. After Thomas More, she became a researcher at Brussels Free University. Annette is always curious and eager for new challenges. In Antwerp (Belgium), she ran with great passion and dedication the Italian caterer and delicatessen Sette Piatti, which continues to charm the Italophiles. Annette gives lectures, cooking classes and tasting sessions on the origins of Italian cuisine.







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