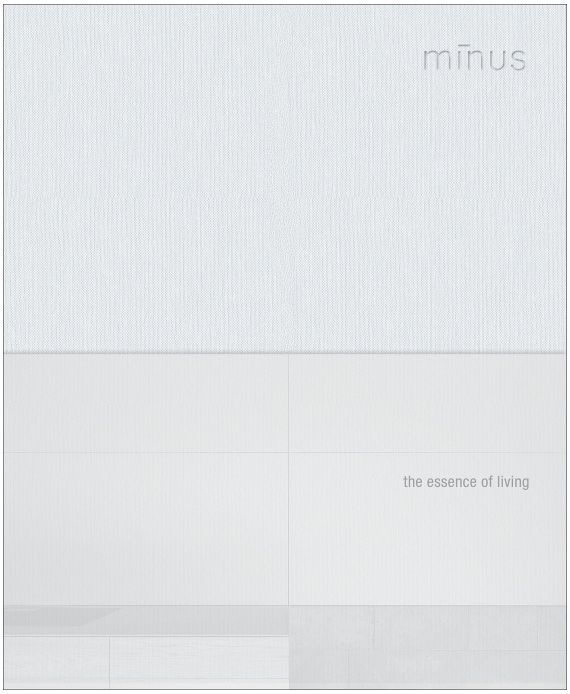
TITLE INFORMATION
Tel: +44 (0) 1394 389950
Email: uksales@accartbooks.com
Web: https://www.accartbooks.com/uk



Minus

The Essence of Living

Sophie Popelier

Wim Carton

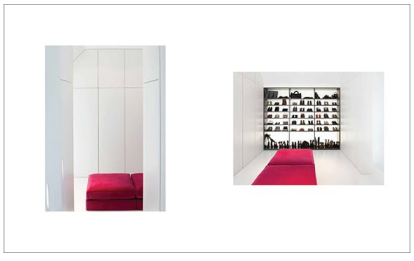
ISBN	9789460583933
Publisher	Luster Publishing
Binding	Hardback
Territory	World excluding Benelux, France, Germany, Switzerland and Austria; Scandinavia non-exclusive
Size	330 mm x 270 mm
Pages	272 Pages
Illustrations	204 color
Price	£55.00

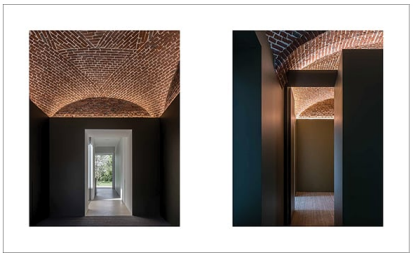
- Elegant linen hardcover with a refined minimalist design
- Large format for maximum visual impact
- Stunning photography showcasing 25 interiors
- Printed on high-quality, tactile paper
- A timeless collector's piece for design lovers

For 25 years, the Belgian design studio and production workshop Minus has been creating timeless interiors that exude calm, simplicity, and aesthetic refinement. To mark their anniversary, they have compiled 25 inspiring projects into one elegant book, presented in chronological order. ***The Essence of Living*** is an ode to minimalism: light tones, thoughtful materials, and a seemingly effortless harmony between function and form. Through extensive photo essays and concise explanatory texts, this stylish volume offers a glimpse into the subtle evolution of Minus's signature style over the years. Carefully curated and beautifully produced, this book is a source of inspiration and tranquility for admirers of understated interiors, architectural purists, and design professionals alike.

The couple behind Minus is **Sophie Popelier** and **Wim Carton**, who are also the authors of this book.







Published 3rd Feb 2026