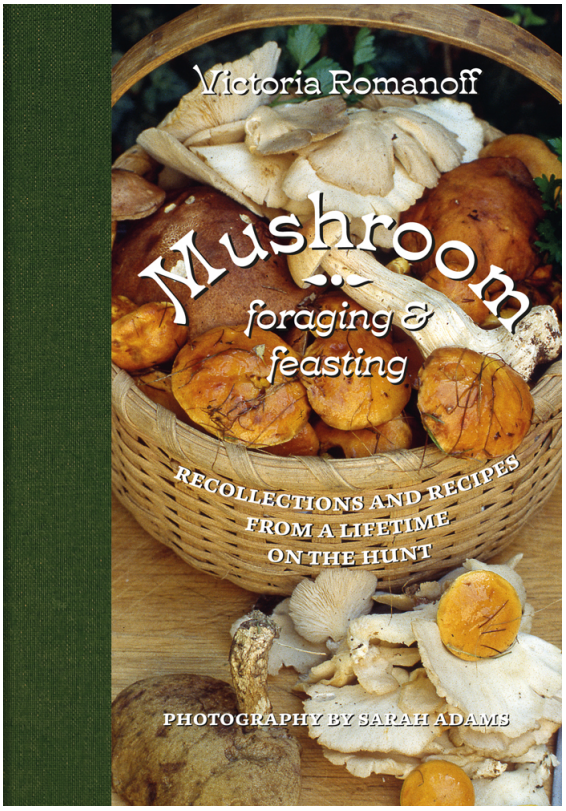
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Mushroom Foraging and Feasting

Recollections and Recipes From a Lifetime on the Hunt

Victoria Romanoff

ISBN	9780789214294
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Territory	World excluding USA, Canada, Puerto Rico, and Australia
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Illustrations	50 color
Price	£17.99

- A beguiling invitation to the world of mushroom hunting — combining practical advice and recipes with tales and photographs from a lifetime on the hunt

"I've never understood the passion that my friends have for hunting mushrooms. . . but now, after reading this gorgeous and vivacious book, I get it." —**Star Tribune**

Victoria Romanoff picked her first mushroom — a brown-capped butterpilz or sticky bun — at the age of four, at her family's summer dacha on the shores of the Baltic Sea. Little did she realise that her newfound interest in mushrooming would soon become an essential survival skill, as she and her mother spent eight years in displaced persons camps in the aftermath of World War II, foraging wild foods to supplement their diets. Resettled in the United States, Romanoff has continued to pursue her mycological passion ever since, deploying her considerable culinary skills to convert friends and strangers to the joys of wild mushrooms. Now, in this marvellously written book, rich with anecdote, she shares the wisdom gathered from a lifetime on the hunt.

Romanoff introduces readers to 12 of the most easily foraged and delicious mushrooms, including the chanterelle, the morel, and the oyster. She describes the appearance, habits, and lore of each variety, and provides a recipe for each; her recipes include both refined kitchen creations and rustic dishes meant to be prepared over an open fire at the end of a successful hunt. Romanoff also shares personal stories from her eight decades of mushrooming. Detailed accounts of several of her most memorable excursions bring alive the sensory experience of the hunt, which offers a unique experience of nature as well as a culinary reward.

Illustrated throughout with Romanoff's own colour photos — which are instructive and sometimes whimsical — these Mushroom Memoirs will be a friendly primer for novice mushroom hunters and an unexpected delight for veteran mycophiles.

Victoria Romanoff, a visual artist and architectural preservationist, is a principal of V. Romanoff & Associates, a firm that has restored many historic storefronts and other structures in the Finger Lakes region of New York. For several years she was co-owner and head chef of Trattoria Tre Stelle in Ithaca, New York, an Italian restaurant whose wild mushroom dishes were covered in*Saveur, Bon Appetit*, and many other publications.

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