



My First Book of Feelings

Montessori Activity Book

Text by Chiara Piroddi

Illustrated by Agnese Baruzzi

ISBN 9788854419803

Publisher White Star

Binding Paperback / softback

Territory World excluding USA & Canada; India non-exclusive;

Italy non-exclusive

Size 272 mm x 216 mm

Pages 40 Pages

Name of series	Montessori: Activity Book
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Price £9.99

- Includes 8 pages of stickers

In this book, psychotherapist Chiara Piroddi provides simple and stimulating activities helping kids to explore and learn the names and feelings of emotions. The book begins with a pedagogical explanation of the content for teachers and parents; and ends with suggestions for additional Montessorian activities to experience the world beyond its pages. Ages: 6 plus

Chiara Piroddi is a psychologist and expert in Neuropsychology, specialising in Cognitive-Evolutionary Psychotherapy. She graduated in Psychology at the University of Pavia in 2007. She completed her practical training at the Niguarda Hospital and she has written several books for White Star Kids. Agnese Baruzzi was born in 1980 and graduated in Graphic Design. She has worked as an illustrator and author since 2001, writing more than 40 children's books that have been published in Italy, the UK, Japan, Portugal, the US, France and South Korea. She is a long-standing collaborator of White Star, illustrating many books for young children.

