



My First Book of Feelings

Montessori Activity Book

Text by Chiara Piroddi

Illustrated by Agnese Baruzzi

ISBN	9788854419803
Publisher	White Star
Binding	Paperback / softback
Territory	World excluding Australasia, USA, & Canada. Italy and India non-exclusive
Size	272 mm x 216 mm
Pages	40 Pages
Name of series	Montessori: Activity Book
Price	£9.99

- Includes 8 pages of stickers

In this book, psychotherapist Chiara Piroddi provides simple and stimulating activities helping kids to explore and learn the names and feelings of emotions. The book begins with a pedagogical explanation of the content for teachers and parents; and ends with suggestions for additional Montessorian activities to experience the world beyond its pages. Ages: 6 plus

Chiara Piroddi is a psychologist and expert in Neuropsychology, specialising in Cognitive-Evolutionary Psychotherapy. She graduated in Psychology at the University of Pavia in 2007. She completed her practical training at the Niguarda Hospital and she has written several books for White Star Kids. Agnese Baruzzi was born in 1980 and graduated in Graphic Design. She has worked as an illustrator and author since 2001, writing more than 40 children's books that have been published in Italy, the UK, Japan, Portugal, the US, France and South Korea. She is a long-standing collaborator of White Star, illustrating many books for young children.

