



# My First Book of the Human Body

## Montessori Activity Book

Chiara Piroddi

Illustrated by Agnese Baruzzi

ISBN	9788854413672
Publisher	White Star
Binding	Paperback / softback
Territory	World excluding USA & Canada; India non-exclusive; Italy non-exclusive
Size	272 mm x 216 mm
Pages	40 Pages
Name of series	Montessori: Activity Book
Price	£6.99

- Includes 8 pages of stickers
- Suitable for ages 5 plus

This book accompanies children aged five and up on the discovery of their own bodies with an overview of each body area and the most important internal organs, starting at the top with the head and continuing down to the feet. The cards are inspired by the Montessori Method and help the children to develop an awareness of their own bodies by helping them to learn the name, the position, the size and the function of each organ. Each child interacts with the book but also carries out exercises directly with his or her own body in order to learn to observe it and listen to it. Ages 5 plus

**Chiara Piroddi** is a psychologist and expert in Neuropsychology, specialising in Cognitive-Evolutionary Psychotherapy. She graduated in Psychology at the University of Pavia in 2007 and continued as a teaching assistant for the Chair of Physiological Psychology, and as a lecturer in Practical Neuropsychology Training at the same academic institution. She completed her practical training at the Niguarda Ca' Granda Hospital in Milan, where she has worked since 2008, acquiring clinical experience in children with serious mental and physical disabilities of all ages. **Agnese Baruzzi** graduated in Graphic Design at ISIA (Istituto Superiore per le Industrie Artistiche) in Urbino. She has worked as an illustrator and author since 2001, writing more than 40 children's books that have been published in Italy, the UK, Japan, Portugal, the US, France and South Korea.

