



My First Book of the Seasons Montessori Activity Book

Chiara Piroddi

Illustrated by Agnese Baruzzi

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- Includes 8 pages of stickers

This book helps children aged three and up explore various themes related to the seasons of the year, highlighting the peculiarities of each season and reinforcing the idea of change and the cyclical passage of time. The book furnishes information and curious facts about the typical weather of each season, the fruits and vegetables that are grown in each season, the habits of animals in different seasons and what kind of clothes are most adapt in which months. All the activities make it possible to assimilate information in the simple, independent manner inspired by the Montessori Method. Ages: 3 plus

Chiara Piroddi is a psychologist and expert in Neuropsychology, specialising in Cognitive-Evolutionary Psychotherapy. She graduated in Psychology at the University of Pavia in 2007 and continued as a teaching assistant for the Chair of Physiological Psychology, and as a lecturer in Practical Neuropsychology Training at the same academic institution. She completed her practical training at the Niguarda Ca' Granda Hospital in Milan, where she has worked since 2008, acquiring clinical experience in children with serious mental and physical disabilities of all ages. **Agnese Baruzzi** graduated in Graphic Design at ISIA (Istituto Superiore per le Industrie Artistiche) in Urbino. She has worked as an illustrator and author since 2001, writing more than 40 children's books that have been published in Italy, the UK, Japan, Portugal, the US, France and South Korea.

