



# No Limits

**7 Continents. 100 Challenges. 60,000 Miles**

**Joey Kelly**

<b>ISBN</b>	9783961714896
<b>Publisher</b>	teNeues Books
<b>Binding</b>	Hardback
<b>Territory</b>	World excluding Germany, Austria, Switzerland, Belgium, Netherlands
<b>Size</b>	360 mm x 270 mm
<b>Pages</b>	352 Pages
<b>Illustrations</b>	280 color
<b>Price</b>	£69.95

- The longest, most difficult and most dangerous competitions and adventures of the extreme athlete and successful musician Joey Kelly
- Fascinating photos and exciting stories take you on a journey around the world: from the Atacama to the Sahara, the Himalayas and Siberia to the South Pole
- Joey Kelly's life's work, eagerly awaited by a large fan community

Joey Kelly is one of the most outstanding amateur extreme athletes of our time. He has completed 8 Ironmans in just 12 months, 31 ultra-marathons, more than 10 desert ultra-runs, 4 Race Across America races and the 8 x 24-hour mountain bike race. He competed in the Tanzania Desert Challenge, the Gobi March, the Himalayan Ultra, the Badwater Run in Death Valles and the Race to the South Pole, the Idita Race in Alaska, the Atacama Crossing and the Marathon de Sables. And against this list, his 50 marathons and over 100 half-marathons and short-distance races look like a training run.

In the process, the former pop star continues to demonstrate show talent, as his sporting achievements have made him the focus of individual TV productions time and again. In his coffee-table book **No Limits**, readers can also enjoy Joey as an entertainer at first hand. In exclusive additional content, to which only owners of the coffee-table book have access via the teNeues app, fans can listen to him personally sharing his adventures.

Text in English and German.

His world is the show floor, but away from the spotlight **Joey Kelly** achieves incredible feats as an athletic amateur. He finished 8 Ironmans in just 12 months - a record that no one before him had ever achieved. The sport changed his life and still drives him to the most exotic corners of the world to face the toughest ultra competitions.