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One Pan

80 Simple Low Carb Recipes from a Multi Award Winning Author

Pascale Naessens

ISBN	9789059967823
Publisher	Lannoo Publishers
Binding	Paperback / softback
Territory	World excluding Benelux France, Switzerland & Scandinavia
Size	275 mm x 210 mm
Pages	208 Pages
Illustrations	90 color
Name of series	Pascale Naessens
Price	£30.00

- The power of one pan
- Pascale stays true to her no-nonsense approach in the kitchen; a style that clearly appeals to many
- One-pan dishes perfectly match today's spirit and are exactly the way Pascale loves to cook: minimal effort, maximum flavour - delicious, elegant, and surprising
- ***One Pan***, a new book for those who love to eat but have little time to cook

In this book, award winning cookbook author Pascale Naessens presents 80 brand-new recipes, from breakfast to dinner, featuring a mix of vegan, vegetarian, fish, and meat dishes – as well as desserts. Every dish can be made in one pan. A complete cookbook for anyone who enjoys good food but has little time to cook. Her strength lies in her constant evolution and inexhaustible creativity, without ever losing her signature style: surprisingly simple, wonderfully flavourful combinations, healthy recipes, and great attention to styling and a warm, homely atmosphere.

For more than 12 years, **Pascale Naessens** has introduced countless people to her original, simple, and healthy recipes. Her books have become bestsellers, won several awards and have been translated into multiple languages. She is a leading author and an inspiring voice in the world of healthy eating.

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