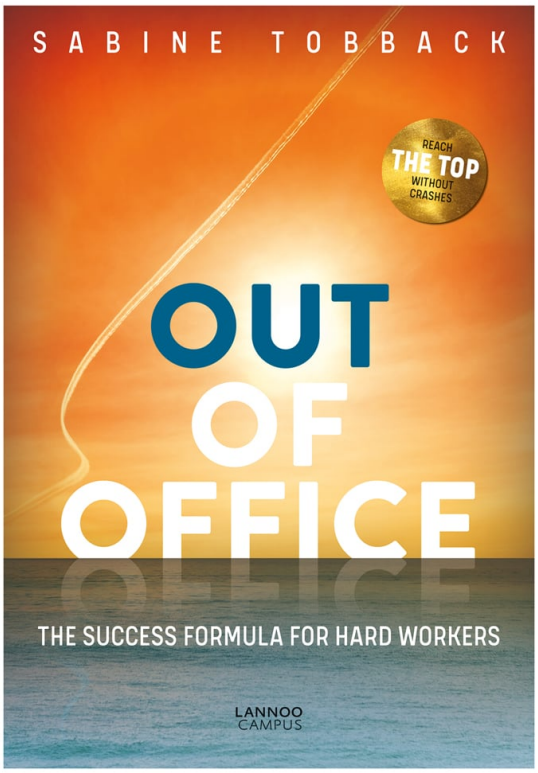
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Out of office

The success formula for hard workers

Sabine Tobback

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- A clear guide to discover one's individual capacity
- For business leaders who wants to reach the top and stay there in a healthy way
- With contributions by (too) hard working supervisors

Being a hard working leader is hardwired into your personality. But is working hard working for you? Do you often hear that you work too hard? Do you rarely have an out of office message on your email? The author, a true hard worker herself and an experienced corporate coach, breaks down taboos about working hard and identifies four main achievement types. She offers tests, schemes and checklists which will enable you to discover which type you are and get an insight into your behaviour at work that will enable you to reach the top and stay there.

Sabine Tobback has been active internationally as a leadership coach at the International Coach Federation (ICF) for entrepreneurs, the board of directors and supervisors. Previously, she had a leading HR function at Exxon Mobil.

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