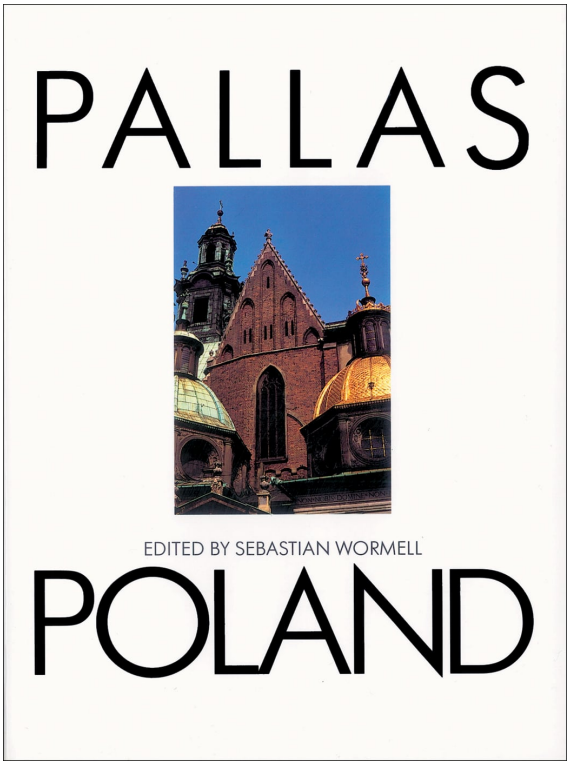
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Poland

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ISBN	9781873429228
Publisher	Pallas Athene
Binding	Paperback / softback
Territory	World
Size	205 mm x 150 mm
Pages	692 Pages
Price	£19.99

- The most comprehensive guide to the immense pleasures of Poland
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First as the powerful bulwark of Christendom against the East in the Middle Ages and the Renaissance, and then as the victim of rapacious neighbours, Poland's fate has been central to European culture. Her turbulent history has left a wealth of monuments and historic landscapes that have been virtually hidden from the rest of the world. This guide explores Poland's remarkable heritage in full, with comprehensive coverage of art and architecture, and with introductions to the more recent contributions in film, music and theatre. The contents of this second, revised edition include introductions to Poland's history and culture, detailed tours and practical information.

Published 10th Apr 2023