



# Reshape Your Career

## Your Roadmap for Career Change at Life's Tipping Points

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- How to confidently navigate a bold career change
- Balances rational structure with recognition of the emotional reality, giving both clarity and support
- Forced career disruptions become a blank canvas: a positive proactive hands-on approach to design a new career path

In disruptive times, when many face unexpected or chosen shifts, this book delivers the missing roadmap for redesigning a meaningful career. Guided by the visual Career Crystal© hexagon, readers follow eight practical steps to shape their next path. A must read for entrepreneurs, leaders, HR professionals, and students ready to take charge of their future.

**Bärbel Buyse** has built and led companies through change, disruption, innovation, and growth. She now applies that same entrepreneurial mindset of risk-taking and innovation to the personal career journey.