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Seeking Abundance

Design, Ecology and a Flourishing Planet

Edited by Sierra Bainbridge

Edited by Alan Ricks

ISBN	9781966515029
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- ***Seeking Abundance*** offers a hopeful and actionable vision for the future of architecture, one where design is viewed as a means to restore and balance, not just build
- In ***Seeking Abundance***, we share powerful visual essays from photographer Gael Vande Weghe and others who document the changing landscapes of Sub-Saharan Africa
- MASS Design Group's largest project yet — a 300-acre, 55-building university in Rwanda — may be the first truly regenerative university ever built
- Explores the powerful One Health philosophy — the idea that human, animal, and ecological health are all connected

Regenerative design is a way of building that heals our planet and our communities by halting biodiversity loss, reversing climate change, and improving social equity. Over the last decade, the nonprofit design practice MASS has proven that we can yield positive social, environmental, and economic results through a series of projects in Rwanda and the Democratic Republic of the Congo. ***Seeking Abundance*** argues for reducing the harm our building activities wage in our environments and that we can—and must—help people and the planet thrive together. The proof? MASS' projects represent a coherent and replicable philosophy that responds to local ecologies and transforms lives. This groundbreaking new book, co-edited by Sierra Bainbridge and Alan Ricks, examines how the power of multidisciplinary collaboration, regenerative practices, and community engagement can actively contribute to a healthier, more harmonious world.

Sierra Bainbridge and **Alan Ricks** are the co-founders of MASS Design Group, a design firm that focuses on creating spaces that foster human flourishing while considering the needs of the environment. Their work spans a variety of sectors, including education, healthcare, and conservation, with a commitment to using architecture as a force for positive change. All Credited Contributors: Lesley Lokko. Sam Nshutiyayesu. Dieuveil Malonga. Gaël Ruboneka Vande Weghe. Patricia Gruits. Chris Hardy. John Paul Sebuhayi Uwase. Emily Goldenberg. Anita Berrizbetia. Maggie Jacobstein Stern. Niels Datema. Theresa Graf. Hanif Kara. Sarah Ichioka. Joe Christa Giraso. James Kitchin. Chris Schwaga. Andre Brose. Rachel Brose.







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