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SPOT

Anna Lauren Lee

ISBN	9781738503520
Publisher	Cultureshock
Binding	Hardback
Territory	World excluding Korea
Size	170 mm x 150 mm
Pages	68 Pages
Price	£15.00

- A unique perspective on traditional Korean architecture
- Beautiful, creative imagery to encourage the reader's imagination
- Brief insights by the author to guide the reader through

SPOT takes readers on a meditative and self-reflective journey through a *Hanok*, a traditional Korean home which is thoughtfully designed to create a space that pulsates with the rhythms of the wind, earth, and sky.

Throughout ***SPOT*** Anna Lauren commemorates and establishes a lasting connection with the present moment, by stopping to observe the knots in the beautiful wood of the *Hanok* she calls home. It is within these tender moments, within what she sees in the lines of the walls and beams, that the book allows its readers a moment to daydream.

An exercise in slowing down and meditating, ***SPOT*** encourages the reader to reclaim their time, rekindle their inner child, and explore the limitless realm of curiosity and imagination through the beautiful backdrop of a staple of Korean culture and architecture.

Anna Lauren Lee is of both Korean and British heritage. Her multicultural upbringing and unique worldview provide the foundation for her nuanced understanding of diverse cultures and societies. Anna holds a degree in Media, Culture, and Communications from New York University, and her professional experience includes working at brand consultancies focusing on the arts, culture, and luxury retail markets. Her background and skillset allow her to offer a unique and relatable voice in her writing. This is her first book to be published.

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