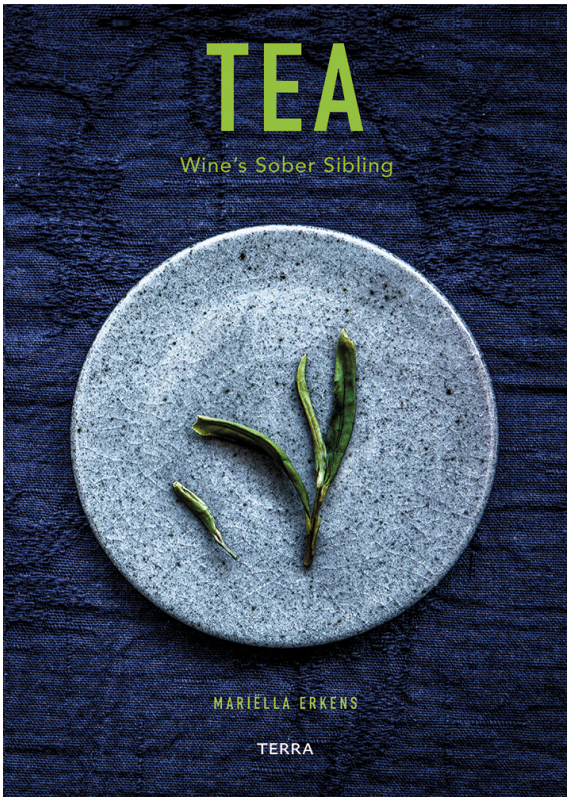
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Tea

Wine's Sober Sibling

Mariëlla Erkens

ISBN	9789089899323
Publisher	Lannoo Publishers
Binding	Hardback
Territory	World excluding Belgium, The Netherlands, France, Switzerland & Scandinavia
Size	240 mm x 170 mm
Pages	292 Pages
Illustrations	180 color
Price	£40.00

- Discover tea as an alternative for wine
- Includes over 70 recipes and food pairing suggestions
- Interesting for cooks, tea connoisseurs and everybody who wants to know more about tea and its possibilities
- Features a clear and handy system to analyse taste

Tea: Wine's Sober Sibling is an in-depth guide into the myriad possibilities of pairing tea, and preparing tea, for connoisseurs and beginners alike. It is both a handbook and a cookbook with over 70 original recipes, each with mouthwatering pictures and three matching tea suggestions. In chapters that explore the relationship and pairing of tea and cheese, tea and chocolate, and tea in mixed drinks (both alcoholic and non-alcoholic), you will learn how to use tea as an ingredient for cooking through easy-to-follow recipes. Various methods of steeping tea are covered, and readers will learn how to easily prepare tea for everyday enjoyment, the best practices for restaurant use, and more advanced, intricate methods for the experienced tea lover. Take a deep dive into the world of tea and food pairings with close to 300 pages brimming with information, including 6 pages with tea-related links to recommended tea shops, schools, and videos.

Mariëlla Erkens is a tea connoisseur, educator, and a food pairing specialist living in Amsterdam, The Netherlands. She was the owner and head chef of Eden, a restaurant in the fishing village of Itacaré, Brazil, from 2003 to 2008, where she served contemporary dishes with seafood and vegetarian food. From 2008 to 2011, Mariëlla Erkens worked as a freelance chef and food stylist in Amsterdam.






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