



The Art of Arousal

Ruth Westheimer

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- A delightful tour through the sensual side of fine art, from America's favourite sex therapist

Erotic encounters have been celebrated by artists from the beginning of time. This irresistible volume presents 120 of the most engagingly erotic paintings, sculptures, prints, and drawings from diverse eras and cultures, coupled with revealing commentaries about their sexual and aesthetic content.

Organised unlike any other collection of erotic images, *The Art of Arousal* traces the course of a sensual relationship. It begins by examining the elements of eroticism, and then progresses from flirtation and seduction through kisses and other foreplay before ultimately arriving at consummation and blissful exhaustion. The irrepressible Dr. Ruth explores every element of sexuality in these provocative works of art, including the pleasures of looking, creative fantasising, and the effects on male and female pleasure of the various positions depicted.

All the works in this book have been chosen to meet two essential criteria: everyone portrayed must be having a good time, and each image must satisfy the high aesthetic standards of Dr. Ruth and an art historian friend, who writes with witty scholarship about the artistic and biographical aspects of these remarkable images.

Now available in a revised edition that includes stimulating new works by contemporary creators, *The Art of Arousal* is the perfect gift for your lover who loves art.

Dr. Ruth K. Westheimer is a beloved and trusted therapist who revolutionised the national dialogue on sex, sexuality, and relationships with her live, syndicated radio program, *Sexually Speaking*. She went on to host numerous television shows, author some 40 books, and tour in her one-woman show about her life, *Dr. Ruth, All the Way*. She taught for six years at Yale and Princeton. A resident of New York, she teaches at Columbia University's Teachers College. She has two children and four grandchildren.