



# The Atlas of Food

Discovering the Flavors and Traditions of  
Cooking Around the World

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- The drawings of the dishes on the maps take the reader on a journey through the flavours of the world, enriching their understanding of traditions and, why not, stirring the appetite
- Suitable for ages: 8 plus

The world can be seen from many different viewpoints, but one of the most interesting is certainly food. Don't we always say, "we are what we eat"? Therefore, a particular food will reflect the culture, the tradition and the relation to nature of the people who created it. This book travels the countries of the world to reveal the secrets of the typical dishes. The reader will discover that the tapas, the typical finger food of Spain is called that because they were used to plug a glass of wine (tapar in Spanish), or that the first pizza was given the name of the Italian Queen Margherita. The drawings of the dishes on the maps take the reader on a journey through the flavours of the world, enriching their understanding of traditions and, why not, stirring the appetite. Ages: 8 and up

