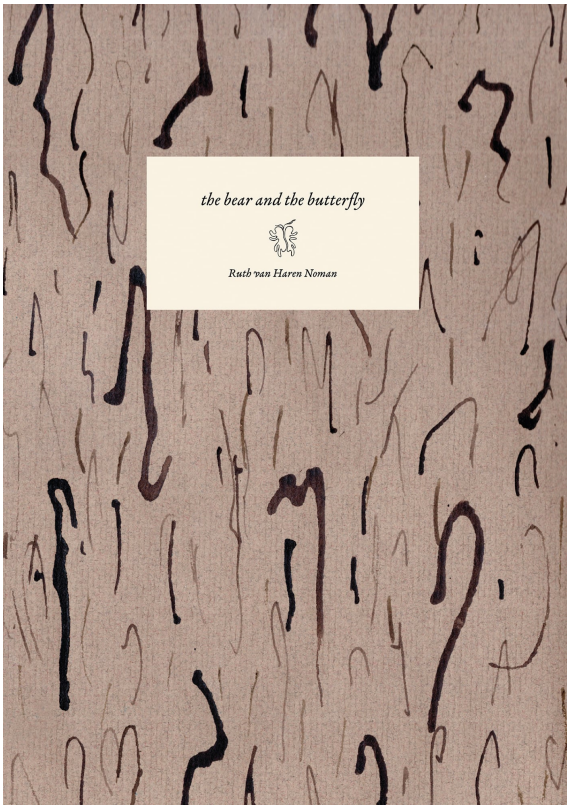
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the bear and the butterfly

Ruth van Haren Noman

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ISBN	9789464002546
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Binding	Paperback / softback
Territory	World excluding Belgium, France, Holland & Luxembourg
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- Explores themes of painterly transformation, intuition, mysticism and the balance of strength and fragility

the bear and the butterfly by Ruth van Haren Noman presents a captivating series of watercolour paintings that explore transformation, intuition, and the interplay between strength and fragility. Drawing inspiration from nature and human emotion, Noman creates fluid, expressive compositions where bears and butterflies serve as central motifs, symbolising resilience, change, and the delicate balance of opposing forces. Each painting invites viewers into a meditative dialogue, offering space for reflection and introspection.

The book includes insights from interviews and texts by the artist herself. With high-quality reproductions,***the bear and the butterfly*** highlights Noman's mastery of watercolour techniques, her sensitivity to colour and form, and her ability to convey narrative through abstraction. The book is an essential volume for collectors, curators, and enthusiasts of contemporary painting and visual storytelling, emphasising the transformative power of art to explore emotion, intuition, and the natural world.

Ruth van Haren Noman is a Belgian contemporary painter known for her expressive watercolour works that explore emotional and psychological themes. Her practice focuses on painterly transformation, intuition, and the interplay of natural and symbolic motifs. Her works combine fluid, meditative techniques with narrative abstraction, often drawing upon personal experience, nature, and symbolic storytelling. Through projects such as ***the bear and the butterfly***, she invites viewers to reflect on resilience, change, and the balance between strength and delicacy. Noman currently lives and works in Ghent, Belgium.







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