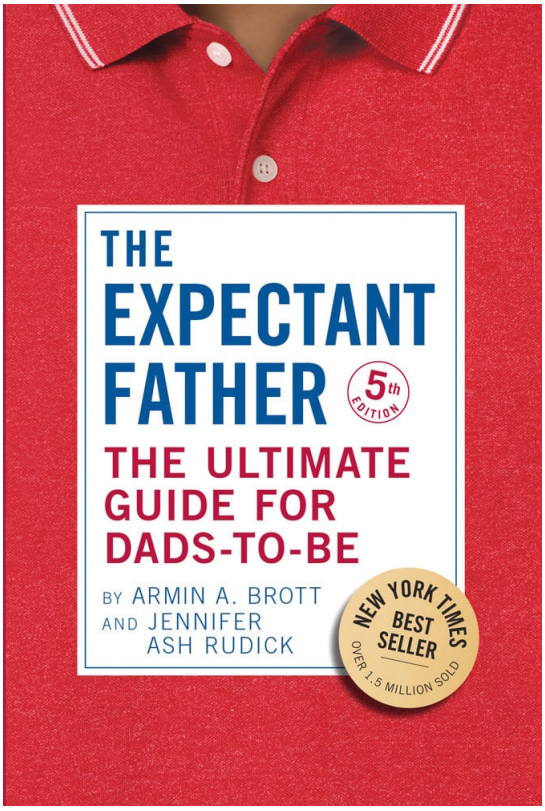
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The Expectant Father

The Ultimate Guide for Dads-to-Be

Armin A. Brott

ISBN	9780789214041
Publisher	Abbeville Press
Binding	Paperback / softback
Territory	World excluding USA, Canada, Puerto Rico, and Australia
Size	229 mm x 152 mm
Pages	336 Pages
Name of series	The New Father
Price	£10.99

- The best-selling and most trusted book for fathers-to-be, with more than 1.5 million copies sold
- The *What to Expect When You're Expecting* for men - an accessible month-by-month guide to pregnancy, childbirth, and after, from a (supportive and enlightened) male perspective
- This new edition is revised from cover to cover with the latest information on every aspect of pregnancy and childbirth
- Illustrated with stress-relieving *New Yorker*-style cartoons
- Author Armin Brott is America's "Mr. Dad" - he hosts a syndicated radio show, writes a syndicated newspaper column, and makes numerous media appearances

The Expectant Father is the best-selling pregnancy guide for men, with more than 1.5 million copies sold. This reassuring month-by-month overview gives you the tools you need to support your partner, prepare for your baby's arrival, and take care of yourself during this exciting time. It concludes with two special sections: one on labour and delivery, guiding you through the big day; and the other on what comes next, covering the first few months after the baby's arrival.

This new edition of *The Expectant Father* is updated from cover to cover with the latest information on fertility options, delivery options, navigating pregnancy in a post-COVID-19 world – and much more. It incorporates the expertise of leading OB-GYNs and researchers, and the real-life experience of hundreds of dads and moms.

Illustrated throughout with stress-relieving cartoons, ***The Expectant Father*** is a friendly and readable companion for dads-to-be seeking confidence, guidance, and joy. (Mums will love it, too!)

Armin A. Brott has devoted the last 15 years to providing men with the tools, support, and knowledge to help them become the fathers they want to be - and their families need them to be. His seven critically acclaimed books for fathers have sold well over a million copies. Titles include *The Expectant Father: Facts, Tips, and Advice for Dads-to-Be* and *The Military Father: A Hands-on-Guide for Deployed Dads*. He has written on fatherhood for hundreds of newspapers and magazines and is a frequent guest on such television programs as the *Today Show*. He also writes a nationally syndicated newspaper column (*Ask Mr. Dad*), and hosts a syndicated radio show (*Positive Parenting*). He lives with his family in Oakland, California.







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