



The Japji of Guru Nanak

A New Translation with Commentary

Rupinder S. Brar

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- The Japji is by far the best-known work of Guru Nanak (1469-1539) – First Sikh Guru and founder of the Sikh faith
- Dr. Rupinder Singh Brar provides in this book a compelling new translation with commentary
- This book also examines its core concepts, and presents the Japji as a condensed summary of Guru Nanak's philosophy

The Japji is by far the best-known work of Guru Nanak (1469–1539) – poet, philosopher, historian, composer, First Sikh Guru and founder of the Sikh faith. Many Sikhs recite its sacred verses daily. Its title derives from the root “jap-” meaning to recite or chant. Dr. Rupinder Singh Brar provides in this book a compelling new translation with commentary. This book also examines its core concepts, and presents the Japji as a condensed summary of Guru Nanak's philosophy. This translation and commentary is published to celebrate the 550th anniversary of Guru Nanak's birth (1469-2019).

Rupinder Singh Brar, known to friends and family simply as Gorki, is a practicing cardiologist in Yuba City, California, where he serves at the local hospital as a member of the Board of Directors and as Director of the Non-Invasive Cardiology Lab. He finished schooling at the Punjab Public School, Nabha, India, and after obtaining his medical degree went on to complete a twin fellowship in Critical Care and Cardiology at Rush University in Chicago. He is one of the founding members of the Sikh Community Center in Yuba City, California, where he volunteers his spare time by teaching Sikh history and philosophy to high school students. His non-professional reading and writing interests include English and Punjabi literature, philosophy, history, culture and anthropology.