



The King's Peas

Delectable Recipes and Their Stories from the Age of Enlightenment

Meredith Chilton

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- Over thirty recipes from the seventeenth and eighteenth century
- Culinary stories from 300 years ago - history and cookery combined
- A series of objects illustrate the art of dining in France and England at the time

Food and dining were transformed in Europe during the Age of Enlightenment, and these profound changes continue to resonate today. What many of us now eat, the way our food is prepared and how we dine are the result of radical changes that occurred in France from 1650 until the French Revolution in 1789. Over thirty French and English recipes of the period are presented in this cookbook, offering readers a taste of the past. Amusing stories, culinary insights, and snippets of history outline the cultural milieu of the time. **The King's Peas** is richly illustrated with pictures of paintings, books, silver, glass and ceramics to stimulate the imagination – and the appetite. You are cordially invited to take part in this delectable historical feast.

Meredith Chilton, CM, is curator emerita of the Gardiner Museum in Toronto, Canada. Chilton is a historian of early European porcelain as well as the dining and social culture of the eighteenth century. She is curator of the exhibition *Savour: Food Culture in the Age of Enlightenment*, which this cookbook celebrates.