



The Stylish Life: Skiing

Gabrielle le Breton

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- A nostalgic and spectacular journey through alpine history and beyond
- A unique look at the sport's founders, superstars, influence on design and entertainment
- Explores the evolution of ski resorts, fashion, equipment and much more

From its origins in China and Scandinavia, the sport of skiing has come a long way to attract daring athletes, tourists and locals on winter holiday, the chic and wealthy leisure class, and international royalty. On the technical side, pioneering innovators developed cutting-edge equipment that, over the years, has grown skiing to become a fiercely competitive spectator sport while, on the cultural side, the exciting and well-groomed stars of the ski world and jetsetter destinations have come to define a distinctive and popular global culture and aspirational lifestyle. **The Stylish Life: Skiing** is a nostalgic and spectacular journey through alpine history and beyond, including this singularly unique sport's founders, superstars, influence on design and entertainment, and the evolution of its resorts, fashion, equipment, and much more.

Gabriella le Breton has skied at some 130 resorts across the globe, jumping out of helicopters and skiing under the midnight sun. Amongst her many credits, she regularly contributes ski features to the *Financial Times*, *The Daily Telegraph*, *Conde Nast Traveller*, and *Vanity Fair*.