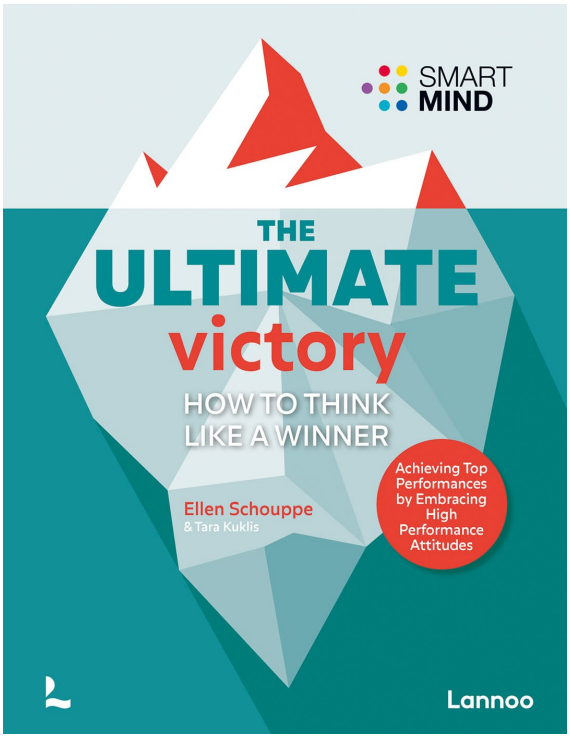
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The Ultimate Victory

Learn to think like a winner!

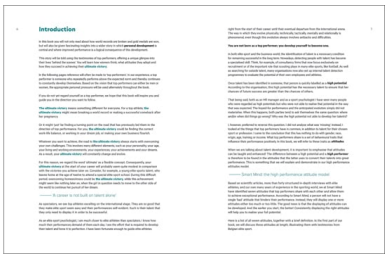
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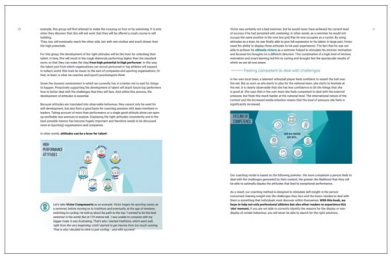
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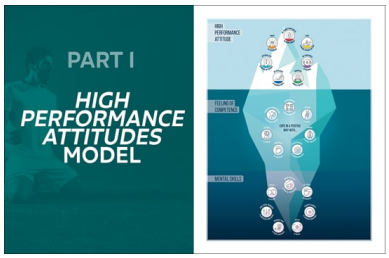
- Learn to think like a winner
- Coach yourself with the method used by top athletes
- An inspiring book for anyone who wants to achieve top performances in the sports world or in the workplace
- This book combines a practical development plan of 7 attitudes with testimonials from 40 top performers in the world of sports

Taking those steps that will lead to your ultimate victory and achieving top performances, everyone dreams of it. In ***The Ultimate Victory***, top sports psychologist Ellen Schouppe teaches you how developing attitudes such as leadership, energy management and mental resilience can leverage your talents. Take your personal development into your own hands, be inspired by top performers and achieve your own goals as a professional in your field, as an athlete, as an entrepreneur, but above all, as a person.

Ellen Schouppe is a top sports psychologist who has shared her expertise over the past ten years with various national teams, including the Belgian Cats, the Red Panthers and the Belgian Cheetahs.







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